

Coleslaw with Turmeric Dressing

Yields: 4-6 servings
Prep: 10 min

Ingredients

Coleslaw

2 cups cabbage, shredded
2 carrots, chopped
1-2 cloves garlic
1 tomato, chopped
2 Tbsp parsley

Turmeric Dressing

2Tbsp olive oil
2Tbsp plain yogurt
1/2 tsp turmeric
1/8 tsp cayenne pepper
1/4 tsp dry ground ginger
Dash of cayenne seasoning

Directions

1. Mix all ingredients for coleslaw in a large bowl.
2. Mix all dressing ingredients in a small bowl.
3. Add dressing to the coleslaw, chill and serve.